

# YOUR TEACHING ORIGINS

## Step One

Below, check off all those things/people/experiences listed that have shaped your approach to teaching.

NOTE: Please remember that anything listed below could have a positive or negative influence!

In the blank boxes, write down any that we haven't listed.

	Influenced?	Rank
A former teacher(s):		
A parent:		
A friend:		
A mentor (other than a teacher):		
A specific course(s):		
Your experience as a primary student		
Your experience as a secondary student		
Your experience as a college student		
Your experience as a graduate student		
Training in teaching you learned in graduate school		
Faculty development opportunities at your job		



## Step Two

After you have checked off and/or listed any influences, go back and rank them (as best you can), where the lowest number (1) means the greatest amount of influence.

Take the top three influences you identified and write three paragraphs about the impact they had on your teaching.

## Step Three

Paragraph 1: Identify specific ways in which this influence can be witnessed in your own teaching.

Paragraph 2: Discuss whether you feel like that overall impact has been positive or negative.

Paragraph 3: Imagine your future teaching self and write how you would like to further integrate or eliminate these influences.

